



# JESSICA MILL

**Location:** Auckland | **Height:** 157 cm  
**Hair Colour:** Brown | **Eye Colour:** Brown | **Ethnicity:** European

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Born in Dundee, Scotland, Jessica Mill brings the interesting mix of Celtic grounding and Kiwi adaptability to her work as an actor. With dual residency in both Scotland and New Zealand, she has spent her life moving fluidly between the two cultures.

Jessica's natural Scottish accent can shift effortlessly into a neutral tone, giving her versatility across a wide range of acting roles. She began her acting training in Scotland, building a strong foundation in character development and voice, and continues to hone her craft in New Zealand through ongoing training and private coaching.

Off-screen, Jessica keeps her creativity alive through music and art. A self-taught singer, she regularly jams with her sister on guitar, and finds balance in painting ceramics—a hands-on outlet that mirrors the detail and care she brings to every performance. She's also committed to her physical fitness, maintaining a strong, screen-ready presence.

With international roots, a passion for storytelling, and a playful, grounded energy, Jessica is an actor directors find easy to work with and exciting to cast.

## SHORT FILM

<b>2013</b>	The Locket	Role: Jenny	Long Bay College - Director: Natalie Mill
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## THEATRE

<b>2022</b>	Together Forever	Role: Hiker	Hot Shame - Director: Keagan Carr Fransch
<b>2020</b>	Rise of the Red Bear	Role: Olya	Staffordshire University - Director: Paul Christie
<b>2020</b>	Roughed Up	Role: Lyla	Staffordshire University - Director: Jessica Mill
<b>2019</b>	Stars in the Morning Sky	Role: Valentina	Staffordshire University - Director: Paul Christie
<b>2018</b>	Nell Gwynn	Role: Nancy	Dundee and Angus College - Director: Bruce Strachan
<b>2017</b>	How To Disappear Completely And Never Be Found	Role: Various	Dundee and Angus College - Director: Jennifer Grady
<b>2017</b>	Midsummer (A Play with Songs)	Role: Helena	Dundee and Angus College - Director: Jane Hensey
<b>2017</b>	Snowman with a Plan	Role: Ensemble	Dundee and Angus College - Director: Bruce Strachan
<b>2014</b>	Revenge of the Amazons	Role: Georgina	Long Bay College - Director: Brendan Perkins
<b>2013</b>	A View from the Bridge	Role: Catherine	Long Bay College - Director: Luke Wheeler
<b>2013</b>	Hamlet	Role: Ophelia	Sheilah Winn Shakespeare Festival - Director: Amy Willemse
<b>2012</b>	Titus Andronicus	Role: Lavinia	Sheilah Winn Shakespeare Festival - Director: Tom Stephenson

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## TRAINING

<b>2025</b>	Actors Studio	Tutor: Elena Stejko	
<b>2025</b>	Commercial Auditioning Workshop	Tutor: Harriet Maire	
<b>2025</b>	Self-Test Bootcamp	Tutor: Jon Hunter	Hunter Acting Studio
<b>2024 - 2023</b>	Acting Up! For Screen Workshops	Tutor: Nikki Si'ulepa	
<b>2024</b>	The Working Actors Workshop	Tutors: Latham Gaines & Laura Interval	
<b>2023</b>	Whole Body Voice Workshop	Tutor: Quentin Lee Moore	
<b>2020</b>	Bachelor of Arts [Honours] Acting and Screen Performance	Tutors: Various	Staffordshire University - England
<b>2018 - 2017</b>	Higher National Diploma in Acting and Performance	Tutors: Various	Dundee and Angus College - Scotland



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## SKILLS

<b>Accents</b>	American - Standard, English, Irish, Scottish
<b>Dance</b>	Contemporary, Hip Hop
<b>Instruments</b>	Keyboard, Piano
<b>Singing</b>	Alto, Choir, Mezzo Soprano, Pop
<b>Sports</b>	Boxing, Martial Arts, Pilates, Soccer / Football, Swimming, Yoga

