



JO HOLLEY



Location: Auckland | **Height:** 178 cm

Hair Colour: Blonde | **Ethnicity:** European | **Eye Colour:** Hazel | **Ethnicity:** Māori

Perception, energy, and authenticity—these are the three defining qualities that make Jo Holley a force to be reckoned with on any stage. A true powerhouse, Jo is celebrated for her exceptional contributions as a TV presenter, wellness expert, and passionate advocate for the ocean and the environment. With a genuine excitement for inspiring and connecting with people of all ages, she leaves a lasting impact on those fortunate enough to witness her captivating presence.

Born and raised between the picturesque Auckland's harbour and the stunning Gisborne's East Coast, Jo proudly identifies with her Ngati Porou descent. It was amidst the beauty of the coastline that her deep love for nature and the environment blossomed. Growing up, Jo's imaginative and inquisitive nature led her to explore the great outdoors, revelling in the beauty of Aotearoa's forests, rivers, mountains, and coastal playgrounds. This profound connection with the natural world, combined with her understanding of urban life, forms the foundation of her authenticity and charisma.

From the outset of her career, Jo's infectious energy and genuine interest in people propelled her forward. As a TV presenter, she quickly developed a remarkable ability to connect with viewers and deliver insightful content, earning her a loyal following and making her a familiar face on screens big and small.

Jo's passion for holistic well-being and clinical healing modalities led her to study and gain a deeper understanding of the mind-body-spirit connection and the transformative power of self-care. In the fast-paced world of modern life, Jo discovered her fervent desire to help others lead healthier, more balanced lives, becoming a sought-after facilitator for international panel events and webinars. Her engaging and enriching interactive experiences have left countless audiences inspired and entertained.

Beyond her on-screen presence, Jo has made her mark as an advocate for integrated wellness and environmental stewardship. Through her writing for prominent publications and collaborations with political and travel organisations, she has championed regenerative travel practices and policies,



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actively working towards a more sustainable and conscious future.

Jo Holley's journey serves as a testament to the power of passion, purpose, and the belief that each person has the potential to make a positive impact. Whether she is lighting up a room, captivating attention, or holding space for bright minds and big thinkers, Jo motivates audiences to embrace the best of being human and make the most of themselves. Her unwavering commitment to activating positive change inspires us all to adopt a holistic approach to well-being, leading thriving, amplified lives, and contributing to a better world.

If you're seeking an inspiring speaker who can truly connect with your audience and ignite the spark for positive change, Jo Holley is the extraordinary talent you need. Embrace the opportunity to have her empower your event with her captivating presence and heartfelt message, leaving a lasting impression on all who attend. Join the movement towards a brighter, more conscious future with Jo Holley as your guiding light.

References:

Thank you so much for being the MC for our "How-to" workshop sessions. You were absolutely amazing! We received so many fantastic compliments about you, and everyone was saying that you brought so much energy and passion to the workshop. Thank you for being such a great MC. - The Home Show - 2024

FEATURE FILM

2019	That's a Bit racist [documentary]	Role: Presenter	Jam Productions - Director: Jane Andrews
2012	Players	Role: Head Cop	Viacom 18 Motion Pictures - Directors: Abbas Alibhai Burmawalla & Mastan Alibbal Burmawalla
2012	Siones 2: Unfinished Business	Role: Waitress	South Pacific Pictures - Director: Simon Bennett

TELEVISION/ TELEVISION ON DEMAND

2021 - 2023	Blind Bitter Happiness	Role: Connie	Peter Feeney - Director: Peter Feeney
2020	Lexus Melbourne Cup	Role: Presenter	Channel 10 Australia
2019	Vodafone Music Awards	Role: Presenter	Māori Television - Director: Shavaughn Ruakere Red Carpet TV
2018	ITM Fishing Media Awards	Role: Presenter	Tightlines Media - Director: Leigh Hart
2016	On the Water	Role: Co-host	2Tui Productions
2015	Seven Seas	Role: Presenter	WildFilm Productions
2014	The Ex Men	Role: Holly Oakes [supporting]	High 5 Productions - Directors: Jon Ulrich & Millen Baird
2008	Amazing Extraordinary Friends	Role: Screaming Lady	Director: Stephen Campbell
2006	I Spy - Studio 2	Role: Gertrude [lead]	Taylormade Productions
2006	Studio 2 - Animated Character	Role: Jenna "Fit Girl" [lead]	Taylormade Productions - Director: Jo Holley
2004	Hercules	Role: Lemnos Woman	Hallmark Entertainment - Director: Jeffrey M. Hayes



2003	Mike King Show	Role: Lead	Mike King - Director: Mike King
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SHORT FILM

2019	The Waiting Room	Role: Newscaster	Gainsborough Films - Director: Craig Gainsborough
2012	Glow	Role: Jane Brick [lead]	Del Sur - Director: Christobel Araus Lobos
2008	Love in the time of Clymydia	Role: Nurse Celia [lead]	Del Sur - Director: Christobel Araus Lobos
2006	Action At Both Ends	Role: Hot Girl	Taylormade Productions - Director: Katie Brockie
2005	Clean Hard with a Mop	Role: Lead	Rice Digital, The Pa - Director: Christina Asher

WEB-SERIES

2021	People Of The Sea	Role: Self	Greenpeace - Directors: Jo Holley & Mandy Kupenga
2020	Glamories Guide to 2020	Role: Self	Vibe Shift and Lift Productions - Directors: Jo Holley & Shav Ruakere
2020	How NOT to self tape	Role: Lead	Actors Lab Self Tapes - Director: Jo Holley
2019	Shav and Jo	Role: Self	Vibe Shift and Lift Productions - Directors: Jo Holley & Shav Ruakere

LIVE PERFORMANCE

2007	Sky City	Role: Characters	Sky City - Director: Jo Holley
2003 - 2023	Various	Roles: Host, Presenter & MC	Awards evenings, corporate engagements
2002 - 2004	All That Jazz CHICAGO	Role: Actor/Dancer	Directors: Cherie & Jack Gaukrodger and Shona Martin School Of Dance
2002 - 2004	Emerald Hotel Xtreme Art Show	Role: Actor/Dancer	Directors: Cherie & Jack Gaukrodger and Shona Martin School Of Dance
2002 - 2005	Xtreme Wearable Arts Show	Role: Actor/Dancer	Directors: Cherie & Jack Gaukrodger and Shona Martin School Of Dance
2001	AMP Wearable Art Show	Role: Actor/Dancer	Director: Jack Gaukrodger



2000	Fantastique Wearable Art Show	Role: Actor/Dancer	Director: Cherie Gaukrodger
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TRAINING

2024	Actors Studio	Tutor: Elena Stejko
2024	Inner Work Intensive	Tutor: Britta McVeigh
2020	6 Week Self Testing Online Workshop	Actors Lab
2020	Acting Masterclass	Tutor: Jo Kelly
2020	Film and TV Masterclass	Masterclass.com
2020	Māori Language Classes	Onehunga Adults Learning
2020	Online Self Tests and Auditions Workshops	Actors Lab
2019	Vocal Training	Tutor: Stuart Clarke
2017 - 2018	Advanced Screen Acting Workshop	Tutors: Liz Mullane & Rachel Bullock
2016 - 2017	US Accent Training	Tutor: Chris Stewart
2010	Stunt Training	Tutor: Dayna Porter
2006	TV Production Training	Taylormade Productions
2005	'Te Ara Reo Māori' Māori Language Course	Te Wananga O Aotearoa
2005	American Dialect Workshop	Tutor: Chris Stewart
2004	Acting for Television and Auditioning Techniques	Tutor: Rachel Bullock

MUSIC VIDEO

2010	More Love More Healing	Role: Lead	Spy Foundation
2005	Frontline	Role: Lead	Frontline
2005	Where the party At	Role: Lead	Joesph Po
2002	DJ Koru	Role: Lead	

VOICE

2015 - 2023	Voiceover Work	Voiceover Artist: Commercial
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SKILLS

Accents	Australian, English, Japanese, Russian, Samoan, Spanish
Dance	Dancing, Hip Hop, Māori » Kapa Haka



Instruments	Guitar, Keyboard, Piano
Languages	Spanish » Intermediate, Te Reo Maori » Advanced
Other	Character Voices, Journalism, MC Events & Conferences, Modelling, Public Speaker, Screenwriter, Voiceovers, Writing
Singing	Blues, Choir, Pop, Vocalist
Speaking Topics	Celebrity, Environmental, Inspirational, Keynote Speaking, Lifestyle, Motivational, Sustainability, Well-being, Work-Life Balance
Sports	Abseiling, Aerobics, Archery, Athletics, Badminton, Baseball, Basketball, Boating, Body Boarding, Boxing, Cricket, Cycling, Fencing, Fishing, Free Diving, Golf, Gymnastics, Hockey, Horse Riding, Ice Skating, Lawn Bowls, Martial Arts, Motorcross, Mountain Biking, Netball, Pilates, Professional Scuba Diving, Rock Climbing, Roller Skating, Rollerblading, Rowing, Rugby League, Rugby Union, Sailing, Skateboarding, Skiing, Snowboarding, Soccer / Football, Squash, Surfing, Swimming, Table Tennis, Tennis, Touch Rugby, Volleyball, Water Polo, Water Skiing, Wind surfing, Yoga, Diving » PADI Certified Advanced Diver

