



# JO HOLLEY



**Location:** Auckland | **Height:** 178 cm

**Hair Colour:** Blonde | **Ethnicity:** European | **Eye Colour:** Hazel | **Ethnicity:** Māori

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Perception, energy, and authenticity—these are the three defining qualities that make Jo Holley a force to be reckoned with on any stage. A true powerhouse, Jo is celebrated for her exceptional contributions as a TV presenter, wellness expert, and passionate advocate for the ocean and the environment. With a genuine excitement for inspiring and connecting with people of all ages, she leaves a lasting impact on those fortunate enough to witness her captivating presence.

Born and raised between the picturesque Auckland's harbour and the stunning Gisborne's East Coast, Jo proudly identifies with her Ngati Porou descent. It was amidst the beauty of the coastline that her deep love for nature and the environment blossomed. Growing up, Jo's imaginative and inquisitive nature led her to explore the great outdoors, revelling in the beauty of Aotearoa's forests, rivers, mountains, and coastal playgrounds. This profound connection with the natural world, combined with her understanding of urban life, forms the foundation of her authenticity and charisma.

From the outset of her career, Jo's infectious energy and genuine interest in people propelled her forward. As a TV presenter, she quickly developed a remarkable ability to connect with viewers and deliver insightful content, earning her a loyal following and making her a familiar face on screens big and small.

Jo's passion for holistic well-being and clinical healing modalities led her to study and gain a deeper understanding of the mind-body-spirit connection and the transformative power of self-care. In the fast-paced world of modern life, Jo discovered her fervent desire to help others lead healthier, more balanced lives, becoming a sought-after facilitator for international panel events and webinars. Her engaging and enriching interactive experiences have left countless audiences inspired and entertained.

Beyond her on-screen presence, Jo has made her mark as an advocate for integrated wellness and environmental stewardship. Through her writing for prominent publications and collaborations with political and travel organisations, she has championed regenerative travel practices and policies,



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actively working towards a more sustainable and conscious future.

Jo Holley's journey serves as a testament to the power of passion, purpose, and the belief that each person has the potential to make a positive impact. Whether she is lighting up a room, captivating attention, or holding space for bright minds and big thinkers, Jo motivates audiences to embrace the best of being human and make the most of themselves. Her unwavering commitment to activating positive change inspires us all to adopt a holistic approach to well-being, leading thriving, amplified lives, and contributing to a better world.

If you're seeking an inspiring speaker who can truly connect with your audience and ignite the spark for positive change, Jo Holley is the extraordinary talent you need. Embrace the opportunity to have her empower your event with her captivating presence and heartfelt message, leaving a lasting impression on all who attend. Join the movement towards a brighter, more conscious future with Jo Holley as your guiding light.

#### References:

Thank you so much for being the MC for our "How-to" workshop sessions. You were absolutely amazing! We received so many fantastic compliments about you, and everyone was saying that you brought so much energy and passion to the workshop. Thank you for being such a great MC. - The Home Show - 2024

## FEATURE FILM

|             |                                      |                 |                                                                                             |
|-------------|--------------------------------------|-----------------|---------------------------------------------------------------------------------------------|
| <b>2019</b> | That's a Bit racist<br>[documentary] | Role: Presenter | Jam Productions - Director: Jane Andrews                                                    |
| <b>2012</b> | Players                              | Role: Head Cop  | Viacom 18 Motion Pictures - Directors: Abbas Alibhai Burmawalla & Mastan Alibbal Burmawalla |
| <b>2012</b> | Siones 2: Unfinished Business        | Role: Waitress  | South Pacific Pictures - Director: Simon Bennett                                            |

## TELEVISION & STREAMING

|                    |                               |                                |                                                                 |
|--------------------|-------------------------------|--------------------------------|-----------------------------------------------------------------|
| <b>2021 - 2023</b> | Blind Bitter Happiness        | Role: Connie                   | Peter Feeney - Director: Peter Feeney                           |
| <b>2020</b>        | Lexus Melbourne Cup           | Role: Presenter                | Channel 10 Australia                                            |
| <b>2019</b>        | Vodafone Music Awards         | Role: Presenter                | Māori Television - Director: Shavaughn Ruakere<br>Red Carpet TV |
| <b>2018</b>        | ITM Fishing Media Awards      | Role: Presenter                | Tightlines Media - Director: Leigh Hart                         |
| <b>2016</b>        | On the Water                  | Role: Co-host                  | 2Tui Productions                                                |
| <b>2015</b>        | Seven Seas                    | Role: Presenter                | WildFilm Productions                                            |
| <b>2014</b>        | The Ex Men                    | Role: Holly Oakes [supporting] | High 5 Productions - Directors: Jon Ulrich & Millen Baird       |
| <b>2008</b>        | Amazing Extraordinary Friends | Role: Screaming Lady           | Director: Stephen Campbell                                      |
| <b>2006</b>        | I Spy - Studio 2              | Role: Gertrude [lead]          | Taylormade Productions                                          |
| <b>2006</b>        | Studio 2 - Animated Character | Role: Jenna "Fit Girl" [lead]  | Taylormade Productions - Director: Jo Holley                    |
| <b>2004</b>        | Hercules                      | Role: Lemnos Woman             | Hallmark Entertainment - Director: Jeffrey M. Hayes             |



|             |                |            |                                 |
|-------------|----------------|------------|---------------------------------|
| <b>2003</b> | Mike King Show | Role: Lead | Mike King - Director: Mike King |
|-------------|----------------|------------|---------------------------------|

## SHORT FILM

|             |                              |                          |                                                   |
|-------------|------------------------------|--------------------------|---------------------------------------------------|
| <b>2019</b> | The Waiting Room             | Role: Newscaster         | Gainsborough Films - Director: Craig Gainsborough |
| <b>2012</b> | Glow                         | Role: Jane Brick [lead]  | Del Sur - Director: Christobel Araus Lobos        |
| <b>2008</b> | Love in the time of Clymydia | Role: Nurse Celia [lead] | Del Sur - Director: Christobel Araus Lobos        |
| <b>2006</b> | Action At Both Ends          | Role: Hot Girl           | Taylormade Productions - Director: Katie Brockie  |
| <b>2005</b> | Clean Hard with a Mop        | Role: Lead               | Rice Digital, The Pa - Director: Christina Asher  |

## WEB-SERIES

|             |                         |            |                                                                       |
|-------------|-------------------------|------------|-----------------------------------------------------------------------|
| <b>2021</b> | People Of The Sea       | Role: Self | Greenpeace - Directors: Jo Holley & Mandy Kupenga                     |
| <b>2020</b> | Glamories Guide to 2020 | Role: Self | Vibe Shift and Lift Productions - Directors: Jo Holley & Shav Ruakere |
| <b>2020</b> | How NOT to self tape    | Role: Lead | Actors Lab Self Tapes - Director: Jo Holley                           |
| <b>2019</b> | Shav and Jo             | Role: Self | Vibe Shift and Lift Productions - Directors: Jo Holley & Shav Ruakere |

## LIVE PERFORMANCE

|                    |                               |                             |                                                                      |
|--------------------|-------------------------------|-----------------------------|----------------------------------------------------------------------|
| <b>2007</b>        | Sky City                      | Role: Characters            | Sky City - Director: Jo Holley                                       |
| <b>2003 - 2023</b> | Various                       | Roles: Host, Presenter & MC | Awards evenings, corporate engagements                               |
| <b>2002 - 2004</b> | All That Jazz CHICAGO         | Role: Actor/Dancer          | Directors: Cherie & Jack Gaukrodger and Shona Martin School Of Dance |
| <b>2002 - 2004</b> | Emerald Hotel Xtreme Art Show | Role: Actor/Dancer          | Directors: Cherie & Jack Gaukrodger and Shona Martin School Of Dance |
| <b>2002 - 2005</b> | Xtreme Wearable Arts Show     | Role: Actor/Dancer          | Directors: Cherie & Jack Gaukrodger and Shona Martin School Of Dance |
| <b>2001</b>        | AMP Wearable Art Show         | Role: Actor/Dancer          | Director: Jack Gaukrodger                                            |



|             |                               |                    |                             |
|-------------|-------------------------------|--------------------|-----------------------------|
| <b>2000</b> | Fantastique Wearable Art Show | Role: Actor/Dancer | Director: Cherie Gaukrodger |
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## TRAINING

|                    |                                                  |                                      |
|--------------------|--------------------------------------------------|--------------------------------------|
| <b>2024</b>        | Actors Studio                                    | Tutor: Elena Stejko                  |
| <b>2024</b>        | Inner Work Intensive                             | Tutor: Britta McVeigh                |
| <b>2020</b>        | 6 Week Self Testing Online Workshop              | Actors Lab                           |
| <b>2020</b>        | Acting Masterclass                               | Tutor: Jo Kelly                      |
| <b>2020</b>        | Film and TV Masterclass                          | Masterclass.com                      |
| <b>2020</b>        | Māori Language Classes                           | Onehunga Adults Learning             |
| <b>2020</b>        | Online Self Tests and Auditions Workshops        | Actors Lab                           |
| <b>2019</b>        | Vocal Training                                   | Tutor: Stuart Clarke                 |
| <b>2017 - 2018</b> | Advanced Screen Acting Workshop                  | Tutors: Liz Mullane & Rachel Bullock |
| <b>2016 - 2017</b> | US Accent Training                               | Tutor: Chris Stewart                 |
| <b>2010</b>        | Stunt Training                                   | Tutor: Dayna Porter                  |
| <b>2006</b>        | TV Production Training                           | Taylormade Productions               |
| <b>2005</b>        | 'Te Ara Reo Māori' Māori Language Course         | Te Wananga O Aotearoa                |
| <b>2005</b>        | American Dialect Workshop                        | Tutor: Chris Stewart                 |
| <b>2004</b>        | Acting for Television and Auditioning Techniques | Tutor: Rachel Bullock                |

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## MUSIC VIDEO

|             |                        |            |                |
|-------------|------------------------|------------|----------------|
| <b>2010</b> | More Love More Healing | Role: Lead | Spy Foundation |
| <b>2005</b> | Frontline              | Role: Lead | Frontline      |
| <b>2005</b> | Where the party At     | Role: Lead | Joesph Po      |
| <b>2002</b> | DJ Koru                | Role: Lead |                |

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## VOICE

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|--------------------|----------------|------------------------------|
| <b>2015 - 2023</b> | Voiceover Work | Voiceover Artist: Commercial |
|--------------------|----------------|------------------------------|

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## SKILLS

|                |                                                         |
|----------------|---------------------------------------------------------|
| <b>Accents</b> | Australian, English, Japanese, Russian, Samoan, Spanish |
| <b>Dance</b>   | Dancing, Hip Hop, Māori » Kapa Haka                     |



|                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Instruments</b>     | Guitar, Keyboard, Piano                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>Languages</b>       | Spanish » Intermediate, Te Reo Maori » Advanced                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>Other</b>           | Character Voices, Journalism, MC Events & Conferences, Modelling, Public Speaker, Screenwriter, Voiceovers, Writing                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>Singing</b>         | Blues, Choir, Pop, Vocalist                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <b>Speaking Topics</b> | Celebrity, Environmental, Inspirational, Keynote Speaking, Lifestyle, Motivational, Sustainability, Well-being, Work-Life Balance                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>Sports</b>          | Abseiling, Aerobics, Archery, Athletics, Badminton, Baseball, Basketball, Boating, Body Boarding, Boxing, Cricket, Cycling, Fencing, Fishing, Free Diving, Golf, Gymnastics, Hockey, Horse Riding, Ice Skating, Lawn Bowls, Martial Arts, Motorcross, Mountain Biking, Netball, Pilates, Professional Scuba Diving, Rock Climbing, Roller Skating, Rollerblading, Rowing, Rugby League, Rugby Union, Sailing, Skateboarding, Skiing, Snowboarding, Soccer / Football, Squash, Surfing, Swimming, Table Tennis, Tennis, Touch Rugby, Volleyball, Water Polo, Water Skiing, Wind surfing, Yoga, Diving » PADI Certified Advanced Diver |

