



# TEGAN JESSOP

**Location:** Auckland | **Height:** 160 cm  
**Eye Colour:** Blue | **Hair Colour:** Brown | **Ethnicity:** European

Hailing from sunny Nelson, Tegan’s passion for performance led her to Auckland, where she has recently completed two years of training at South Seas Film School. Now based in Auckland, she most recently appeared on Shortland Street as Mia Millan and has built an impressive slate of short film credits, including the award-winning 2025 student film A Soldier Named Margaret.

Tegan holds an NCEA Scholarship in Drama and brings a strong foundation in theatre and dance, including devising and performing in Sheilah Winn Shakespeare. She also enjoys hip-hop and contemporary dance as additional forms of artistic expression, while her roots in Verbatim Theatre lend a distinctive sense of empathy, authenticity, and liveliness to her work.

## TELEVISION & STREAMING

<b>2026</b>	Shortland Street	Role: Mia Millan	South Pacific Pictures - Director: Amanda Tito All3Media - Producer: Oliver Driver
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## SHORT FILM

<b>2025</b>	Veild Truths	Role: Matilda	Director: Danny Mulheron
<b>2024</b>	A Soldier Names Margaret	Role: Emma	Director: Edward Kiu Qiao



<b>2024</b>	Glitch	Role: Mandra	Director: Chelsea Ostler
<b>2024</b>	Reverie	Role: Kyla	48 Hours Competition - Director: Josiah Low-Schuemperli
<b>2024</b>	Shutter	Role: Bailey	Director: Oliver Knox
<b>2024</b>	Toxic Bitch	Role: Ada	Director: Bee Bruce

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## THEATRE

<b>2025</b>	Not Everyone is Happy in Summer	Role: Courtney	Director: Natasha Diaz
<b>2024</b>	Tartuffe	Role: Dorina	Director: Elizabeth Nabben & Hera Dunleavy
<b>2023</b>	Pride and Prejudice	Role: Caroline Bingley	Nelson Repertory Theatre - Director: Hugh Neil

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## TRAINING

<b>2024 - 2025</b>	Diploma in Stage & Screen	Tutor: Various	South Seas Film & Television School
<b>2021</b>	Scholarship in Drama	Tutor: Various	NCEA

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## VOICE

<b>2025</b>	Loyalty	Role: Solara [lead]	Yoobee Bachelor of Animation Capstone Project
<b>2024</b>	ntercellular	Role: Blood [lead]	Yoobee Bachelor of Animation Capstone Project

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## SKILLS

<b>Accents</b>	American, American - Southern , American - Standard, English - RP
<b>Dance</b>	Contemporary, Hip Hop
<b>Instruments</b>	Guitar » Basic
<b>Languages</b>	Mandarin » Basic
<b>Other</b>	Stunts
<b>Singing</b>	Alto
<b>Sports</b>	Hockey, Yoga

