



FARANGEES SEDDIQI



Location: Auckland | **Height:** 165 cm

Ethnicity: Afghan | **Hair Colour:** Brown | **Eye Colour:** Brown | **Ethnicity:** Middle Eastern | **Ethnicity:** Persian

Farangees Seddiqi is a Persian-New Zealander actor with a striking authenticity and an ability to bring layered, emotionally rich performances. Conversational in Farsi and Dari, she offers a rare cultural depth and understanding of both Eastern and Western narratives, for roles that require sensitivity, precision, and truth.

Raised as the youngest of five sisters in a refugee family, Farangees brings a lived experience that informs her work with emotional intelligence and an instinctive understanding of resilience, identity, and the human condition. She is deeply committed to telling stories of Persian women and underrepresented voices, approaching every role with intention and creative integrity.

Her foundation as a performer began early, with years of experience as a lead soloist at national events and extensive training in singing, public speaking, and dance. With hip-hop and African dance training, combined with a fine arts background, she has a strong physical presence and a sharp visual sense that translates effortlessly into her craft as an actor.

Farangees' background as an occupational therapist adds another layer to her craft, giving her insight into the psychology and physicality of character work. She approaches each performance with focus, preparation, and a drive to deliver authentic and compelling storytelling.

Farangees is an actor with a distinctive voice, cultural fluency, and a natural command of emotional range, ready to bring something truthful and memorable to her work.

FEATURE FILM

2026 Sahar

Role: Sahar [lead]

Independent Film Makers -

Director: Yera Kheiri

Producer: Lee Li



COLLABORATE
MANAGEMENT

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THEATRE

2025	Chekov in the Church	Role: Nina [lead]	Pitt Street Theatre - Director: Juliet Furness
2025	Return to Waimaunka	Role: Red [lead]	Pitt Street Theatre - Director: Keith Paterson Producer: Keith Paterson

TRAINING

2025	Performing Arts Classes	Tutor: Juliet Furness
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SKILLS

Accents	American, English - RP
Dance	Hip Hop » Beginner
Languages	Farsi
Other	Modelling, Painting, Photography
Singing	Alto
Sports	Badminton, Hockey, Netball, Rock Climbing, Tennis, Touch Rugby, Weights

