

JESSICA MILL

Location: Auckland | **Height:** 157 cm

Hair Colour: Brown | Eye Colour: Brown | Ethnicity: European

Based between Scotland and New Zealand, Jessica Mill works with genuine international flexibility. Born in Dundee, Scotland, she brings sharp craft and range to every role she takes on.

Jessica's neutral accent makes her an asset for global productions. She moves easily between Kiwi, Scottish, and multiple British dialects, with clear, precise control of vocal tone and rhythm. Her early training in Scotland laid down strong technical foundations, which she continues to refine through ongoing coaching and performance-focused study.

Her creative instincts extend beyond acting. She sings, plays music with her sister, and works with ceramics—disciplines that deepen her sense of detail, rhythm, and physicality. She also keeps a strong screen-ready presence through consistent fitness.

Intelligent, curious, and collaborative on set, Jessica approaches storytelling with depth and instinct. She is a performer directors can trust to bring nuance, discipline, and quiet confidence to the frame.

Currently in Auckland.

THEATRE

2022 Together Forever Role: Hiker Hot Shame - Director: Keagan

Carr Fransch

2020 Rise of the Red Bear Role: Olya Staffordshire University -

Director: Paul Christie



2020	Roughed Up	Role: Lyla	Staffordshire University -
			Director: Jessica Mill
2019	Stars in the Morning Sky	Role: Valentina	Staffordshire University -
			Director: Paul Christie
2018	Nell Gwynn	Role: Nancy	Dundee and Angus College -
			Director: Bruce Strachan
2017	How To Disappear Completely	Role: Various	Dundee and Angus College -
	And Never Be Found		Director: Jennifer Grady
2017	Midsummer (A Play with	Role: Helena	Dundee and Angus College -
	Songs)		Director: Jane Hensey
2017	Snowman with a Plan	Role: Ensemble	Dundee and Angus College -
			Director: Bruce Strachan
2014	Revenge of the Amazons	Role: Georgina	Long Bay College -
			Director: Brendan Perkins
2013	A View from the Bridge	Role: Catherine	Long Bay College - Director: Luke
			Wheeler
2013	Hamlet	Role: Ophelia	Sheilah Winn Shakespeare
			Festival - Director: Amy Willemse
2012	Titus Andronicus	Role: Lavinia	Sheilah Winn Shakespeare
			Festival - Director: Tom
			Stephenson

TRAINING

2025	Actors Studio	Tutor: Elena Stejko	
2025	Commercial Auditioning	Tutor: Harriet Maire	
	Workshop		
2025	Self-Test Bootcamp	Tutor: Jon Hunter	Hunter Acting Studio
2024 -	Acting Up! For Screen	Tutor: Nikki Si'ulepa	
2023	Workshops		
2024	The Working Actors Workshop	Tutors: Latham Gaines & Laura	
		Interval	
2023	Whole Body Voice Workshop	Tutor: Quentin Lee Moore	
2020	Bachelor of Arts [Honours]	Tutors: Various	Staffordshire University - England
	Acting and Screen		
	Performance		
2018 -	Higher National Diploma in	Tutors: Various	Dundee and Angus College -
2017	Acting and Performance		Scotland

SKILLS

Accents American - Standard, English, Irish, Scottish

Dance Contemporary, Hip Hop

Instruments Keyboard, Piano

Singing Alto, Choir, Mezzo Soprano, Pop



Boxing, Martial Arts, Pilates, Soccer / Football, Swimming, Yoga

