



JESSICA MILL

Location: Auckland | **Height:** 157 cm
Hair Colour: Brown | **Eye Colour:** Brown | **Ethnicity:** European

Born in Dundee, Scotland, Jessica Mill brings the interesting mix of Celtic grounding and Kiwi adaptability to her work as an actor. With dual residency in both Scotland and New Zealand, she has spent her life moving fluidly between the two cultures.

Jessica's natural Scottish accent can shift effortlessly into a neutral tone, giving her versatility across a wide range of acting roles. She began her acting training in Scotland, building a strong foundation in character development and voice, and continues to hone her craft in New Zealand through ongoing training and private coaching.

Off-screen, Jessica keeps her creativity alive through music and art. A self-taught singer, she regularly jams with her sister on guitar, and finds balance in painting ceramics—a hands-on outlet that mirrors the detail and care she brings to every performance. She's also committed to her physical fitness, maintaining a strong, screen-ready presence.

With international roots, a passion for storytelling, and a playful, grounded energy, Jessica is an actor directors find easy to work with and exciting to cast.

SHORT FILM

2013	The Locket	Role: Jenny	Long Bay College - Director: Natalie Mill
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COLLABORATE
MANAGEMENT

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THEATRE

2022	Together Forever	Role: Hiker	Hot Shame - Director: Keagan Carr Fransch
2020	Rise of the Red Bear	Role: Olya	Staffordshire University - Director: Paul Christie
2020	Roughed Up	Role: Lyla	Staffordshire University - Director: Jessica Mill
2019	Stars in the Morning Sky	Role: Valentina	Staffordshire University - Director: Paul Christie
2018	Nell Gwynn	Role: Nancy	Dundee and Angus College - Director: Bruce Strachan
2017	How To Disappear Completely And Never Be Found	Role: Various	Dundee and Angus College - Director: Jennifer Grady
2017	Midsummer (A Play with Songs)	Role: Helena	Dundee and Angus College - Director: Jane Hensey
2017	Snowman with a Plan	Role: Ensemble	Dundee and Angus College - Director: Bruce Strachan
2014	Revenge of the Amazons	Role: Georgina	Long Bay College - Director: Brendan Perkins
2013	A View from the Bridge	Role: Catherine	Long Bay College - Director: Luke Wheeler
2013	Hamlet	Role: Ophelia	Sheilah Winn Shakespeare Festival - Director: Amy Willemse
2012	Titus Andronicus	Role: Lavinia	Sheilah Winn Shakespeare Festival - Director: Tom Stephenson

TRAINING

2025	Actors Studio	Tutor: Elena Stejko	
2025	Commercial Auditioning Workshop	Tutor: Harriet Maire	
2025	Self-Test Bootcamp	Tutor: Jon Hunter	Hunter Acting Studio
2024 - 2023	Acting Up! For Screen Workshops	Tutor: Nikki Si'ulepa	
2024	The Working Actors Workshop	Tutors: Latham Gaines & Laura Interval	
2023	Whole Body Voice Workshop	Tutor: Quentin Lee Moore	
2020	Bachelor of Arts [Honours] Acting and Screen Performance	Tutors: Various	Staffordshire University - England
2018 - 2017	Higher National Diploma in Acting and Performance	Tutors: Various	Dundee and Angus College - Scotland



SKILLS

Accents	American - Standard, English, Irish, Scottish
Dance	Contemporary, Hip Hop
Instruments	Keyboard, Piano
Singing	Alto, Choir, Mezzo Soprano, Pop
Sports	Boxing, Martial Arts, Pilates, Soccer / Football, Swimming, Yoga

