

PAMELA KAVAL

Location: Auckland | **Height:** 165 cm
Hair Colour: Brown | **Ethnicity:** European | **Eye Colour:** Hazel

Pamela Kaval is a New Zealand–based actor whose screen work spans television, feature films, short films, music videos, and educational productions. She has earned multiple awards for acting, producing, and screenwriting, bringing an instinctive blend of authenticity, subtle humour, and emotional depth to her roles. She stars opposite Joe Naufahu (Game of Thrones, Spartacus) in The Taxi, which is currently on the international festival circuit, and has appeared across a range of narrative and commercial projects throughout Aotearoa. Pamela's versatility extends from grounded dramatic roles to sharp comedic characters, supported by her extensive creative background as a filmmaker and writer. Through her company Wildaval Productions, she has created nineteen short films, with Garden Cops and Track in pre-production. Garden Cops serves as a proof-of-concept for a television series currently in development. Pamela is also an accomplished writer. She has had a short story published, has written a middle-grade novel, and is represented by the Frances Plumpton Literary Agency for her books. Beyond her screen and writing work, Pamela leads youth filmmaking workshops across small towns in New Zealand, supporting emerging young storytellers and developing the next generation of screen talent.

AWARDS

2025	Couch Film Festival	Award: Best Cast
2025	Eastern Europe Film Festival	Award: Best Actress
2024	Athens International Film Fest	Award: Best Acting [Honourable Mention]
2024	Freewheeling Film Awards	Award: Best Actress in a Thriller Short
2022	Freewheeling Film Awards	Award: Best Actress in SF

2022	Horrors4You Film Festival	Award: Best Actress
2022	IndieX Film Fest	Award: Best Actress Outstanding Achievement
2021	WRPN Women's International Film Festival	Award: Lead Actress, Exceptional Merit

FEATURE FILM

2025	Where Beauty Hides	Role: Mrs Edith Garner	Director: Tremaine Jotham
2024	Red Admiral	Roles: Colonel Heidi Meyer / Ghost Evangeline / Granny Tera / IRD Runaway / Roadkill Rosie	Director: Josh Hamblin

TELEVISION & STREAMING

2026	The Cabin Crew	Role: Auntie Gertrude	Director Shivaen Lal
2023	Dear My Mother (SBS)	Role: Pamela Kaval	Director: DJ Huntaway
2022	7 Days	Role: Tortoise Researcher	Duplass Brothers Productions - Director: Roshan Sethi
2022	Shortland Street	Role: Imogen	South Pacific Pictures - Director: Katherine McRae
2021	Shortland Street	Role: Alice's Mum	Director: Katherine McRae
2019	I Am A Survivor - I Am Jane Sabine	Role: CYF Worker	Director: Sophia Wenborn

SHORT FILM

2026	Garden Cops	Role: Landry	Director: Reneel Singh
2026	Through All Things	Role: Noa	Director: Graham Lauder
2025	Dimsdale Homeowner Associations	Role: Penelope	Director: Izzy Eggers
2025	Herd of Cows?	Role: Mary	Director: Paige Larianova
2025	Hollow Thorns	Role: Casey	Director: Nick Sheffield
2025	My Precious	Role: Justine	Director: Izzy Eggers
2025	The Psychic Arts Academy	Role: Ms Kerfuffle	Director: Dawn Glover
2025	The Taxi	Role: Susan Carnegie	Director: Paige Larianova
2025	Toasty	Role: Fiona	Director: Brian Burroughs
2024	Banana Split	Role: Karen	Director: Renee Singh Producer: Pamela Kaval
2024	Ensnared	Role: Peggy	Director: Reneel Singh
2023	Disquiet	Role: Jessica	Director: Tyla Murray
2023	PlayBack	Role: Mum	Director: Jordan Edwards
2022	No Refunds	Role: Mother	Director: James Stannard

2022	No Woman No Child No Cry	Role: Rena	Director: Arun Jacob
2022	Shady Transaction	Role: Mother	Director: James Stannard
2022	Under Cover	Role: Lisa	Director: Guillaume Arnoulet
2021	Mothering Sunday	Role: Mother	Director: Liv McClymont
2021	The Tarot Cards	Role: Madame Svetlana	Director: Nikki Roughton
2020	Lost In Time	Role: Mother	Director: Sophie Kwon
2020	The Car Lot	Role: Car Salesperson	Director: Jason Kennedy
2019	About Life	Role: Counselor	Director: Mitchell Knights
2019	Scene Tap	Role: Mother	Director: Cristobal Araus

LIVE PERFORMANCE

2024	Improv Chaos [Weekly Show]	Role: Comedian	Last Laugh Comedy Club

NON-BROADCAST

2024	Bus No-Fuss	Role: Pamela	Director: Chris Graham

TRAINING

2025	Screen Acting	Tutor: Miryam Jacobi	2113 Creatives
2025	Social Improv	Tutor: Conor Maxwell	Meteor Theatre
2024	Weekly Screen Acting & Voice Lessons	Tutor: Scott Hall	Scot Hall Voice Studio
2022	Voice Workshop	Tutor: Patsy Rodenburg	Patsy Rodenburg
2020	Advanced Screen Acting	Tutor: Liz Mullane & Rachel Bullock	Liz Mullane and Rachel Bullock Studio
2020 - 2022	Amanda Stephens Lee & Felicity Jurd	Voice Training for Acting	
2019	Acting Workshop	Tutor: Peter Feeney	The Actors Lab - Tutors: Various
2019 - 2023	Drama Club	Tutor: Various	Stagemilk
2019 - 2023	Screen Acting	Tutor: Kacie Stetson	Kacie Stetson Studios

MUSIC VIDEO

2024	Jungli [Reneel Singh and the Singhers]	Role: Dancer	Director: Reneel Singh
2022	No Comply	Role: Bar Patron	Director: Connor Pritchard

TV COMMERCIAL

2023	Matamata District Council Campaign	Role: Water Customer	Director: Jared Leith
2022	7 Days (Promo)	Role: Mum	Director: Nigel Carpenter
2022	Shortland Street Promo	Role: TV Watcher	

SKILLS

Accents	American, English - RP
Dance	Ballroom, Hip Hop, Polka
Instruments	Piano » Basic
Languages	Spanish » Basic, German » Basic
Other	Cooking, Film Making, Gardening, Improv, Knitting, Pottery, Screenwriter, Sewing, Truck License
Sports	Abseiling, Badminton, Baseball, Canoeing, Hiking, Kayaking, Kick Boxing, Krav Maga, Mountain Biking, Paddle Boarding, Pool, Rock Climbing, Roller Skating, Self Defence, Shooting, Skiing, Snorkelling, Stunt Work, Table Tennis, Ten Pin Bowling, Yoga