



# CHELSEA WINTER

**Location:** Taranaki

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Chelsea Winter is one of Aotearoa's most successful and influential cookbook authors, a storyteller whose work has shaped the way New Zealand cooks, eats and gathers. Since winning MasterChef New Zealand in 2012, she has built an extraordinary publishing career grounded in trust, authenticity and an intuitive understanding of what home cooks truly need.

Chelsea is a multiple bestselling author, with several titles reaching number one across New Zealand's overall book charts. Her books consistently perform not only within the food category but across all genres, reflecting her broad appeal and cultural relevance. Titles such as *Eat*, *Supergood* and *Tasty* have cemented her reputation as a writer who combines flavour driven recipes with warmth, clarity and practicality. *Tasty* in particular marked a significant evolution in her work, showcasing refined sugar free, plant focused recipes designed to be adaptable for modern households.

Her latest book, *Nourish*, signals a confident and heartfelt return to hearty, generous cooking. With more than one hundred recipes, *Nourish* brings together comforting classics and vibrant seasonal dishes, each developed with flexibility in mind for gluten free and dairy free cooks. The book reflects Chelsea's deep understanding of family life, offering meals that are both nutrient dense and deeply satisfying. It is a celebration of food as connection, as ritual and as everyday joy.

Chelsea's writing voice is approachable yet authoritative. She has a rare ability to translate culinary skill into recipes that feel achievable without compromising on flavour or creativity. Her loyal community of readers, many of whom have grown up cooking from her books, return to her work for reliability, inspiration and a sense of genuine companionship in the kitchen.

Beyond traditional publishing, Chelsea's platform extends across digital media, live events and curated product ranges, reinforcing her position as a leading lifestyle author. Her connection with her audience is personal and enduring, built on honesty, humour and a willingness to evolve alongside them.



Within the Authors division, Chelsea represents a powerful combination of commercial performance and meaningful storytelling. She is an established publishing brand with proven sales, a distinct voice and a body of work that continues to resonate across generations of readers.

## SKILLS

### **Other**

Chef, Cooking, MC Events & Conferences, Presenting, Public Speaker, Radio Broadcasting, Radio Presenting, Television Host, Television Presenter

### **Speaking Topics**

Celebrity, Cooking / Chef, Environmental, Inspirational, Keynote Speaking, Lifestyle, Motivational, Parenting, Sustainability, Well-being, Work-Life Balance

