



JANE RANGIWAHIA

Location: Auckland

Jane Rangiwahia is a New Zealand-based author, food stylist, and community advocate, living in Auckland but shaped by her roots in Hawera, Taranaki. Growing up as the eldest of five, she learned the art of cooking at her mother's side, absorbing not just recipes but a love for food as a vehicle for connection.

Jane's early career was shaped by her mentorship with iconic Kiwi chef Jo Seagar, who introduced her to food styling. Her work in television includes appearing on Whānau Living and producing for Eat Well For Less (TV One). She's also worked with celebrated chef Simon Gault, contributing to his Herald on Sunday columns and his book Summer with Simon Gault.

In 2023, Jane co-authored her first book with her younger brother Paul, titled *Kai and Kindness*. Through stories, recipes, and reflections, the book opens up conversations about health, emotional wellbeing, and the bond between what we eat and how we feel.

Jane's writing is grounded in her food philosophy: using quality ingredients to create uncomplicated, healthy, and delicious meals that nurture both body and soul. Her warm, accessible voice makes her work resonate deeply, whether she's styling food, teaching in the community, or telling her story through the written word.

SKILLS

Languages

Te Reo Maori » Advanced

Other

Cooking, Cooking Demonstrations, Food Demonstrations, Food Stylist, Gardening, Private Catering



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